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## OGLEDNI PRIMJERI SASTAVKA PROBNE DRŽAVNE MATURE IZ ENGLESKOGA JEZIKA NA OSNOVNOJ RAZINI

Tekst zadatka:

Read the message from Sharon.

Write Sharon a reply. Answer **all** her questions.

Write **80-100** words. Write your reply on the next page.

**Do not sign your full name.**

Hi David,

I've finally decided to start exercising. You always say that it does wonders for mind and body.

What fitness programme or sport did you do last year and how did it help you?

Which choice is best and why: group or individual practice?

What general advice can you offer to keep me safe from injuries while exercising?

Write back soon.

Cheers,

Sharon



## 1. primjer

Hi Sharon,

That's great news! Exercising is great because it's really good for you. Last year, I took up running and tennis. Running helped me stay fit and cleared my mind, while tennis made me more confident and developed my reflexes.

Well, I think that both group and individual practice can have benefits. Group workouts can keep you motivated and social. Making some new friendships is always a fantastic idea, isn't it? On the other hand, individual practice lets you focus on your own pace, which can make you feel really self-assured.

To stay safe, always warm up before, and listen to your body. Pushing too hard can lead to injuries. Above all, don't forget to drink lots of water!

Take care,  
David

**Izvršenje zadatka: 3C** (Postoji jasan odgovor na sve tri sadržajne odrednice.)

**Jezik: 10 bodova** (Vrlo je dobar raspon struktura/vokabulara za izvršenje zadatka. Potpuno je razumljiv tekst. Moguće su manje pogreške.)

**Broj riječi: 118**

**Ukupan broj bodova: 10/10**



## 2. primjer

Hello Sharon,

I'm so happy to hear you decided to start exercising. Last year I did some yoga and a bit of running. Running helped me build up and stay in shape, and with yoga I'm more flexible. Both group and individual practice have its good sides. If you practice in a group it can be motivating, but individual practice lets you work on your own pace. I like a mix of both. To stay safe from injuries while exercising, always warm up before starting, use right technique and drink more water. Looking forward to hearing about your progress.

Take care,  
David

**Izvršenje zadatka: 3C** (Postoji jasan odgovor na sve tri sadržajne odrednice.)

**Jezik: 8 bodova** (Dobar je raspon struktura/vokabulara za izvršenje zadatka. Lako je razumljiv tekst. Malo je pogrešaka.)

**Broj riječi: 97**

**Ukupan broj bodova: 8/10**



### 3. primjer

Hi Sharon,

Thank you for writing to me. I'm glad you decided to start exercising. I did not do fitness programme last year. I did swimming. There's new pool in my town. I will meet some new people and loose weight. Individual practice is best. You do it when you want. You don't have to when you are busy with school. Too keep safe from injuries while exercising you must learn the sport first. And it will all be fine for you.

Write soon,  
David

**Izvršenje zadatka: 2C** (Postoji jasan odgovor na dvije sadržajne odrednice, ali ne postoji jasan odgovor na 1. pitanje jer se ne odgovara na dio pitanja 'how did it help you'. Max 6 bodova.)

**Jezik: 6 bodova** (Dostatan je raspon struktura/vokabulara za izvršenje zadatka. Razumljiv je tekst. Nešto je pogrešaka.)

**Broj riječi: 80**

**Ukupan broj bodova: 6/10**



#### 4. primjer

Dear Sharon,

Yes, this is good news, I start exercising long time and like it. I went to famous gym to work out body every day last year and it did help so much for my work with computer. I like only individual practice and will always do it like my freinds in school. I hope you can do all same as me and can join my gym. It be great when we worked together! And we can go for a coffee then.

Bye,  
David

**Izvršenje zadatka: 1C+1U** (Postoji jasan odgovor na jednu sadržajnu odrednicu, a jedan je odgovor nejasan: odgovoreno je na 1. pitanje, na 2. pitanje je odgovor nejasan jer ne odgovara na dio pitanja 'why', a na 3. pitanje nema odgovora. Max 4 boda.)

**Jezik: 4 boda** (Ograničen je raspon struktura/vokabulara za izvršenje zadatka. Mjestimično je teže razumljiv tekst. Nešto je ozbiljnih pogrešaka.)

**Broj riječi: 82**

**Ukupan broj bodova: 4/10**



## 5. primjer

Hy Sharon,

Hope you are good and your brother. Fitness program or sport it is good and it is nice. I did last year one that is basketball and it help me a lot. The choice is best do group sport and no injuries are happen with basketball but you can fall and hurt foot when you walking. But no problem for you happen and you feel safe always I think.

Love,  
Brad

**Izvršenje zadatka: 3U** (Tri su odgovora nejasna: u 1. pitanju nema odgovora na dio pitanja 'how did it help you'; u 2. pitanju ne odgovara se na dio pitanja 'why'; u 3. pitanju je nejasan odgovor jer se kaže da u košarci nema povreda. Max 3 boda.)

**Jezik: 3 boda** (Ograničen je raspon struktura/vokabulara za izvršenje zadatka. Većim je dijelom teže razumljiv tekst. Brojne su pogreške.)

**Broj riječi: 69** (-1 bod)

**Ukupan broj bodova: 2/10**